

Family Matters

ANNUAL REPORT ISSUE



JFS Continues to Grow and Thrive in a Sea of Change



BY JFS CEO RUTH
HAMPTON OLKON,
MSW, MPH

I feel like the theme for 2022 was adapting. As we tried to adapt to our new normal after

everything was turned upside down by Covid, we were hit with the news that Russia invaded Ukraine. War returned to the headlines, bringing the news of innocent people dying and Ukrainians fleeing their homes and country for safety. Then the economy began to contract, and all the special programs and subsidies created to help during Covid began to end. All of this after losing more than one million people to Covid in the U.S. alone.

Adapting, or change, is hard. There are many reasons, but it boils down to accepting uncertainty. We are more comfortable believing we are in control. The last couple of years have made it clear that there is very little we control.

Just like each of us, JFS struggled to adapt to changes in 2022. The number

of people we serve continues to grow year after year while our staff does not, straining our human resources. Economic uncertainty has caused funders to pull back meaning we had to find a way to make our budget go farther while inflation reached nearly double digits. We had to make the very difficult decision to close our Employment Assistance program.

But just like a flower growing through a cracked sidewalk, JFS found a way to grow and flourish in a harsh environment. We completed a survey of current and former clients to measure satisfaction and outcomes. We were delighted to find that 98 percent of survey respondents agreed that JFS helped them with the issues that initially brought them to JFS and nearly 93 percent agreed they are better able to meet life's challenges because of JFS. We are well underway with our program-specific surveys and very excited to report our findings later this year.

While we're talking about great scores, I want to kvell a bit about our amazing

UCare and Medica contracted case management teams. Both teams were audited during 2022 by their respective health insurance companies. The Medica team was audited on 57 elements in three areas of care. Out of a possible high score of 57, the team scored 56. For the second consecutive year, the UCare team earned a 100 percent compliance score on their annual audit of 100 specific metrics. With two consecutive audits earning 100 percent, the team has earned a year off. UCare will not audit the program again until 2024. Join me in a big round of applause for these amazing JFS care coordinators and case managers!

What started as a staff-led push for greater diversity, equity and inclusion (DEI) at JFS following the murder of George Floyd became a formalized equity strategic action plan that set up the framework for our DEI work and identified two actionable improvement opportunities as well as an internal DEI

CONTINUED ON PAGE 3

IF YOU NEED HELP

staying in your home,
dealing with the stress of
caregiving or managing
your mental health,

CALL US AT (651) 698-0767.

MISSION

Inspired by Jewish values,
we help people from all
backgrounds build on
their strengths and meet
life's challenges.

Family Matters is a tri-annual
publication. Client names in
stories in this issue have been
changed to protect client
confidentiality.

JFS serves clients without
regard to race, ethnicity,
creed, religion, national origin,
gender, disability or sexual
identification or orientation.

jfs
JEWISH FAMILY
SERVICE OF ST. PAUL
1633 West 7th Street
St. Paul, MN 55102
(651) 698-0767
info@jfsp.org / jfsp.org

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and a beneficiary of the St. Paul
Jewish Federation.

Inspired by Jewish values, we help people from all b



Aging & Disability Services

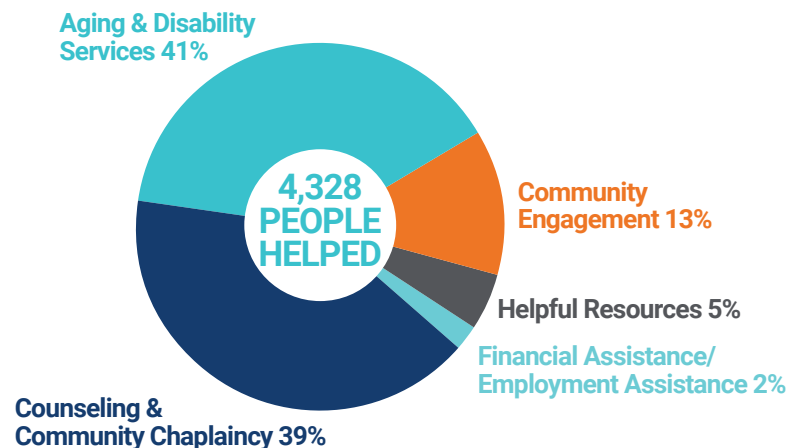
Ensures clients and their caregivers have
the support, information and services
they need to remain living safely and
successfully in their own homes.



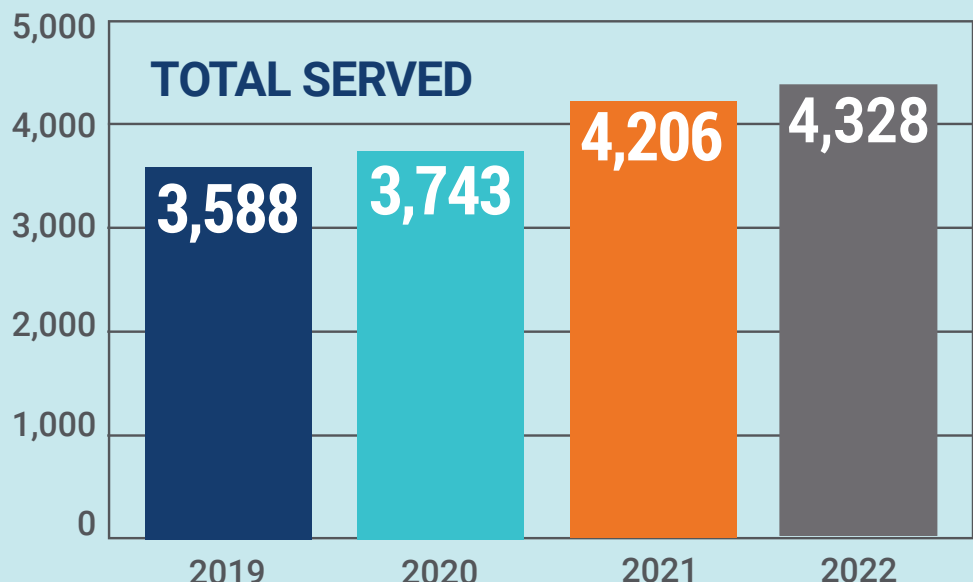
Counseling & Community Chaplaincy

Assess and treat a wide range of
mental health issues and provide
spiritual guidance for all ages.

SERVICE IMPACT



In 2022, we continued to increase the number of people helped. The
increase came primarily in our Aging & Disability Services programs.



|| backgrounds build on their strengths and meet life’s challenges.



Community Engagement

From welcoming new babies to engaging volunteers, these services cover the life span.



Financial Assistance

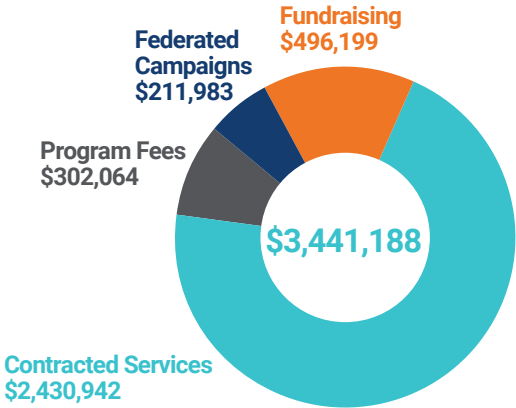
Covers emergency expenses related to housing, utilities, transportation and some health expenses.



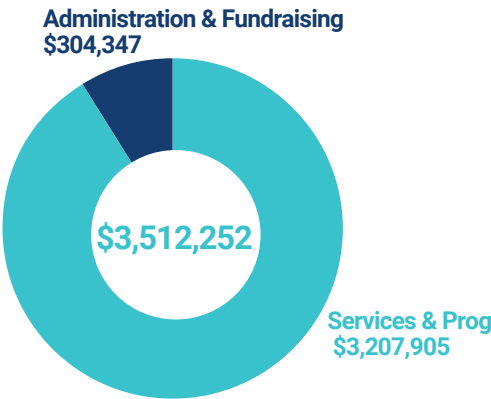
Helpful Resources

Helps people identify and access the community resources they need to ease their burden.

REVENUES *unaudited*



EXPENSES *unaudited*



Audited financials will be available at jfssp.org/about/financials after 6/1/2023.

JFS Continues to Grow and Thrive
CONTINUED FROM PAGE 1

committee with its own strategic plan and workplan. The staff committee has lots of work outlined for 2023. Visit jfssp.org/about-us to read our equity statement.

The JFS Board of Directors, led by Board President Bruce Matza, created a new three-year strategic plan, updating the agency mission and vision and providing four goals that will drive staff work. You can scan the QR code to the right to read our strategic plan.

But most importantly, the number of people we served in 2022 reached more than 4,300. Through one visit or many, we were able to help people meet their day-to-day needs, improve their overall wellbeing and emotional health, increase their independence, and strengthen networks and reduce isolation, all critical contributors to our vision, to help people thrive with the support of our connections, resources and services.



Join us at the 2023



Sunday, May 7
5:00 to 8:00 p.m.
at Eagan Community Center

During the event, we will honor the
2023 Community Service Award recipient
Dr. Jimmy Levine.

Get your tickets today at
jfssp.org/celebration



The Bruce Goodman Read in Color Little Free Library Book Pick of the Quarter

The Bruce Goodman Read in Color Little Free Library is sharing a review of an iconic book.

Kindred by Octavia Butler is the first-person account of a young African American writer, Dana, who finds herself being shunted in time between her Los Angeles, California home in 1976 and a pre-Civil War Maryland plantation. The first science fiction written by a black woman; *Kindred* has become a cornerstone of black American literature.



Butler won both Hugo and Nebula awards. In 1995, she became the first science fiction writer to receive the MacArthur Foundation "Genius" Grant. The television series adaption of this book from FX premiered December 13, 2022, on Hulu.

"I am not a science fiction reader, but I could not put this book down," said JFS Community Engagement Manager Jodi Saltzman. "I read the whole thing in less than a week and pondered it for much longer."

Share your reactions to this book by email to
amyers@jfssp.org with the title Book Pick.

Volunteers Needed for Annual Passover for All

JFS is recruiting volunteers for Passover for All, an annual community outreach effort. In partnership with the Minnesota JCC, kosher for Passover food and supplies are provided to families in need to help them celebrate the holiday.

PASSOVER for ALL
LET ALL WHO ARE HUNGRY COME & EAT
כל רעב יבוא ויאכל

There are two opportunities to help with this outreach effort:

ONE. A gift of \$36 will provide one Passover for All bag that contains an array of traditional kosher for Passover food and holiday greetings. Donate at jfssp.org/donate.

TWO. Sign up to pick up bags at JFS on Thursday, March 23 between 9:00 am and 5:30 pm and deliver them to the doorsteps of Passover for All bag recipients by March 29. Contact Anne Myers at amyers@jfssp.org or (651) 359-7775 to sign up.

Contact JFS Community Programs Coordinator Anne Myers at amyers@jfssp.org or (651) 359-7775 for more information about volunteer opportunities.

Thank You 2022 Volunteers

The following 338 volunteers generously gave 1754.5 hours of their time in support of JFS and its clients. Thank you for making a difference. Please excuse any omissions or inaccuracies. For corrections, please contact Anne Myers, Community Programs Coordinator at amyers@jfssp.org or (651) 359-7775.

Joni Abramson	Barb Grossman	Lubavitch Cheder Students	Mary Schulz
Mark Adelman	Nicole Guthrie	Yelva Lynfield	Peter Schulz
Zoey Alch	Leslie Hahn	Jamie Maddeaux	Alexandra Schwartz
Linda Alter	Diane Hallock	Richard Markovitz	Sue Schwartz
Semyon Axelrod	Martha Hansen	Judi Levin Marshall	Kate Searls
Andrea Backes	Dan Haupt	Bruce Matza	Carol Shackman
Julia Biel	Mimi Houston	Mary McKay	Jamie Shacter
Michael Chauss	Jewish Community Center	David Milavetz	Marjorie Sigel
Joan Cleary	Early Child Care	Mickey Minsberg	Douglas Silverman
Lisa Cohen	Bea Johnson	Susan Minsberg	Emily Simon
Jeff Courteau	Carly Johnston	Mount Zion Religious	Larry Solomon
Tom Cytron-Hysom	Linda Kahn	School Students	Margie Solomon
Maureen Davidson	Faina Kanevetsky	Barry Parness	Daniel Spirling
Myndal Davis Silver	Jethra Kapp	Linda Passon-McNally	Rachel Stern
Sharon DeMark	Emily King	Charles Rafkowicz	Jennie Stouvenel
Gary Devitt	Peggy Kipp	Andy Rapoport	Jerry Swarsensky
Stacy Dockman	Esti Koen	Alicia Rouse	Talmud Torah Students
Lisa Dorn	Sloane Kohnstamm	Nancy Rowe	Temple of Aaron
Fred Dulles	Shirley Kuvlevsky	Alyssa Rydberg	Congregants & Students
Maryann Fonville	Robin Lackner	Daniel Saltzman	Alex Treitler
Laura Ford-Nathan	Etta Lambright	Nina Samuels	Danielle Vanderhoef
Rachel Frank	Stan Lapidos	Lynne Sanders	Jennifer Verbrugge
Adam Garen	Irv Lerner	Stuart Sanders	Deb Winston
Shelly Gilbertson	Susan Levey	Gary Sankary	Susan Yopp
Joel Glaser	Steve Levin	Karen Schanfield	Joni Zalasky
Rena Glaser	Sarah Levine	Jim Scheib	Marsha Zimmerman
Bruce Goodman	Harriet Levy	Stuart Schmitz	

JFS Forms New Partnership with Friends & Co to Expand Client Services

Without adding more expenses, how do you keep expanding your capacity to help people build on their strengths and meet life's challenges? Through volunteers! And to expand volunteer contributions even further, JFS announces a new partnership with Friends & Co, formerly Little Brothers – Friends of the Elderly, MN, an organization that has served older adults in Minnesota for over 50 years. Friends & Co fosters meaningful connections for older adults that enrich their lives and provide a sense of belonging.

Through this partnership, JFS will identify and refer clients who are over the age of 60, socially isolated and indicate an interest in companionship. After a few questions designed to ensure the best possible fit, Friends & Co will pair the JFS client with one of their fully vetted and trained volunteers to talk and visit as the client prefers. "From our drop-in chat line to in-home visits, our volunteers can help seniors feel more connected and engaged," said Friends & Co Community Impact Director Ann Fosco.

JFS Community Programs Coordinator Anne Myers explained, "This partnership harnesses the warm and caring network of volunteers at Friends & Co with the needs of JFS clients, creating better client health and outcomes and greater synergy between our organizations."



If you or someone you know is feeling isolated and in need of connection, contact JFS Community Programs Coordinator Anne Myers at amyers@jfssp.org or (651) 359-7775.



We are grateful to the following individuals who have committed to make legacy gifts to JFS.

John Allen & Sharon Benmaman	Flora Levine (z"l)
Adam Bahr	Dr. Jimmy & Stephanie Levine
Gary J. Benedict	Don & Rhoda Mains
Herman J. Birnberg (z"l)	Annie & Bruce R. Matza
Dr. Arnold Brier	Mickey & Susan Minsberg
Judith Brier	David & Ruth Olkon
David & Sheila H. Brod	Jon & Robin Parritz
Elinor Brodie (z"l)	Eric & JoAnn Pasternack
Marjorie R. Dana-Levine	Ossie Perlman (z"l)
Michael & Stacy Dockman	Sharyn E. Pesses
Elliott (z"l) & Joan Farber	Connie (z"l) & Paul (z"l) Ross
Jon & Holly Brod Farber	Lily Rothschild (z"l)
Jackie & Ted Flaum	Charles Sansby (z"l)
Victoria Fodor	Marvin Scherzer (z"l)
Friends of JFS (13)	Steven J. Shaller
Deborah & Tom Frishberg	Dora Shom (z"l)
Barry & Rena Glaser	Allen D. Shores (z"l)
Fred & Karen Gordon	Marjorie Shores-Freeman (z"l)
Stephen Gordon	Dan & Myndal Davis Silver
Sheila & Tim Gothmann	Shaked Danai & Charley Smith
Mitzi Gramling	David & DeDe Smith
Ira G. Kipp	Diane & Dr. Richard Smookler
Peggy S. Kipp	Rabbi Adam & Cantor Rachel
Sternie Kissin-Rosen (z"l)	Stock Spilker
Gwen & Dr. Irving Lerner	Lee G. Straus (z"l)
Daniel Levey	Alex Treitler
Susan Levey	Jennifer Wall
Rita (z"l) & Stephen Levin	Michael Wall
Charles Levine	Deborah D. Weiss

NEW! Next Chapter for Men and Women

JFS invites men and women to a special session of Next Chapter Series focused on retirement on Sunday, March 26 from 10:00 a.m. to 11:30 a.m. at JFS. The Next Chapter Series is designed to help people re-imagine new possibilities for the future and take the first steps in moving forward.

Are you dreaming of retirement? Did you recently retire, or do you have some questions about retiring? If you answered yes to any of the above questions, this workshop is for you!

Our speaker Stan Lapidos presented retirement workshops professionally in Chicago. He will share information on topics ranging from planning for retirement to leading a fulfilling life post retirement.

**RSVP your attendance to JFS
Community Programs Coordinator Anne Myers at
amyers@jfssp.org or call (651) 359-7775.**

6 | MARCH 2023

Designated and Endowed Funds

Permanently Restricted Standing Endowment Funds

- Community Support Endowment Fund
- General Services Endowment Fund
- Mental Health Services Endowment Fund
- Senior Services Endowment Fund

Named Funds

- 8 Degree Loan Fund
- Helen Adler Meals on Wheels Fund
- Bebe Endowment Fund
- Bear-Schoenkin Leadership Development Fund
- Bruce Goodman Fund
- Herman J. Birnberg Endowment
- The Calvin Youth Services Fund
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- Annie and Bruce R. Matza Endowment Fund
- Rose Smith Mirsky Endowment Fund
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- Esther and Samuel Strauss Endowment Fund

Thank You

With your help, JFS continues to give hope and make a critical difference in people's lives.

\$100,000+

HealthPartners
St. Paul Jewish Federation

\$50,000 - \$99,999

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Beth El Synagogue

jfcsmpls.org
or 952-417-2107

This conference is a collaboration of



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