

KOSHER MEALS ON WHEELS
MAY 2020 – OCTOBER 2020 MENU

CHICKEN/TURKEY	BEEF	VEGETARIAN	FISH	ASIAN
#1 Roasted Turkey Sage Bread Stuffing Green Beans	#6 Spaghetti & Meatballs Green Beans	#11 Macaroni & Cheese Broccoli	#16 Lemon Pepper Fish Rice Pilaf Baby Carrots	#20 Chicken Stir Fry Steamed Rice Veggie Egg Roll
#2 Turkey Meatloaf Mashed Potatoes Broccoli/Cauliflower Mix	#7 Beef Pot Roast Potatoes and carrots Green Peas	#12 Breakfast Pancake Scrambled Eggs Diced Potatoes	#17 Parmesan Fish Rice Pilaf Green Beans	#21 Beef Lo Mein Mixed Vegetables Veggie Egg Roll
#3 Chicken Quarter Roasted Red Potatoes Snap Peas	#8 Beef Shepherd's Pie Mashed Potatoes Diced Carrots	#13 Vegetarian Alfredo Mixed Vegetables	#18 Breaded Fish Roasted Potatoes Pea/Carrot mix	#22 Teriyaki Chicken Steamed Rice Broccoli
#4 Boneless Chicken Breast Rice Pilaf Baby Carrots	#9 Beef Sloppy Joe Diced Potato O'Brien Baby Carrots	#14 Cheese Enchiladas Spanish Rice Roasted Corn	#19 Herb Crusted Fish Parsley Egg Noodles Mixed Vegetables	
#5 Chicken Stew Mashed Potatoes Brussel Sprouts	#10 Beef Brisket Potato Kugel Mixed Vegetables	#15 Vegetarian Spaghetti Cauliflower		

Meals come as described above – NO SUBSTITUTIONS

BEVERAGE CHOICES	MENU SIDE ITEM CHOICES
#1 Orange Juice	#1 Bread & Butter
#2 Apple Juice	#2 Fruit Cup
#3 Cranberry Juice	#3 Applesauce
#4 2% Milk	#4 Cookie
#5 Skim Milk	#5 Pudding Cup